



Centre for Applied Research & Evaluation  
International Foundation

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**The Centre for Applied Research and Evaluation- International Foundation (careif)**

**Careif Trustee Professor Edgar Jones to lead a state of the art study into how veterans with post-combat disorders adjust to civilian life:**

The Forces in Mind Trust (FiMT), established to help ex-Service men and women make a successful transition back to civilian life, has awarded a grant to identify factors that both encourage and inhibit the process of military transition for veterans with post-combat disorders. The project is being led by Professor Edgar Jones – careif trustee and Professor of the History of Medicine and Psychiatry at King's College London:

The project will analyse historical data and collate it in order to summarise key learning which are applicable to future transition; in particular, outlining areas of support needed for Service personnel and the role of employment. Whilst the link between mental illness and unemployment is well-known within the general population, much less is understood about the veteran population; particularly those dealing with post-combat disorders such as Post-Traumatic Stress Disorder, (PTSD)

The data explored will include files on war pensions awarded in the aftermath of the Second World War and 1,084 case notes of patients treated at the York Clinic at Guy's Hospital, between April 1944 and December 1949. Ex-Service personnel in receipt of a pension at the time were required to attend annual medical boards and as a result, there is a huge breadth of evidence from the transition process during the 1950s, 60s and 70s.

*"This important study will enable us to track how the effects of psychological trauma evolved over time and to explore what factors aided recovery or sustained illness" Professor Edgar Jones.*

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## Background Notes

### The Centre For Applied Research and Evaluation-International Foundation (careif)

Careif is a charity registered with the Charity Commission for England and Wales (registered number 1121374) and a company limited by guarantee registered at Companies House (registered number: 06231733). Careif is an international charity based at the Barts & The London School of Medicine and Dentistry, Wolfson Institute of Preventive Medicine, London, England (QMUL). Careif has a number of relationships and interests in the UK, Asia, Middle-East, Europe, Africa, New Zealand, the Americas and the Caribbean. We work to preserve and protect good mental health ([www.careif.org](http://www.careif.org))

The main aim of Careif is to share knowledge about mental health in order to improve people's wellbeing. This includes how to live healthily and ensure that working practices and services are suited to different cultures and societies across the world. It delivers its work through four distinctive building blocks, which are

- High quality learning and teaching locally, nationally and internationally
- Research, evaluation and practice development into culture and wellbeing
- Provide international volunteering, exchange and twinning schemes
- Promote and develop positive practice on sports, young people and wellbeing of individuals and communities.

Careif gathers support from a number of like-minded people and organisations throughout the world. Over the years, Careif has focused on work that its trustees can have greatest impact on: establishing better access to education and qualifications in transcultural psychiatry; sharing knowledge on wellbeing through a series of high-impact events; and fostering strategic links, nationally and internationally, with like-minded organisations.

Professor Edgar Jones has been a careif Trustee since 2006 and has lead a number of careif initiatives including the 'careif Railway Suicides in the UK Study' (2014), and with Professor Kam Bhui - careif Co-Founder and Director, has emerged as a leading expert in the field of Violent Radicalisation and Terrorism. Professor Jones is professor of the history of medicine and psychiatry at the Institute of Psychiatry and King's Centre for Military Health Research. He originally trained as an historian before completing a doctorate at Guy's Hospital in clinical psychopathology and training as an analytical psychotherapist. He is programme leader for the MSc in War and Psychiatry and has worked in the field of military psychiatry conducting studies on shell shock, Gulf War syndrome and post-traumatic stress disorder. In addition, he has researched the problems of prisoners-of-war and the effectiveness of interventions designed to re-integrate them into civilian society. He is the co-author of *Shell Shock to PTSD, Military Psychiatry from 1900 to the Gulf*, Hove: Psychology Press, Maudsley Monograph (2005). He recently conducted a study of morale in the armed forces and the impact of entertainment for the British Forces Foundation.

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