

\*\*\*\*\* PRESS RELEASE \*\*\*\*\*

## CAREIF Co- Founder and Director, Professor Kam Bhui receives a CBE in the Queen's New Year Honours 2017



The Centre for Applied Research and Evaluation – International Foundation – Careif – is proud to announce that its Co-Founder and Director Professor Kamaldeep Bhui has received a CBE (Commander of the British Empire) in the Queen's New Years' Honours List for services to mental health care and research.

**Professor Bhui** says of his award, *"I am extremely proud to receive this honour (CBE) and view this as powerful recognition of the importance of innovations, compassion and understanding in mental health research and care. Health inequalities undermine successful society, so there is much more to be done"*.

Professor Kamaldeep Bhui is Professor of Cultural Psychiatry & Epidemiology, Head of Centre for Psychiatry<sup>1</sup> at Queen Mary University of London, and Co-Founder and Director of The Centre for Applied Research and Evaluation – International Foundation – Careif. Professor Bhui is also Honorary Consultant Psychiatrist in East London NHS Foundation Trust, Editor of the British Journal of Psychiatry as well as the International Journal of Culture and Mental Health.

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share knowledge change lives

Professor Bhui has masterminded some of Careif's state-of-the-art initiatives including, the Mental Health 4 Life initiative, a new online intervention and guide for preventive interventions in mental health, reaching across the life course; a study into UK Railway Suicides, to better understand and prevent railway suicides and a series of humanitarian Position Statements calling for compassion, human dignity and understanding.

**In a joint response, Marie Gabriel, Chair of East London NHS Foundation Trust (ELFT), and Dr Navina Evans, Chief Executive said,** *"Professor Bhui has had a profound influence on mental health care in the Trust and across the country. Through his research, he has explored previously uncharted areas of identity, culture and risk which ELFT has directly benefited from. His work has brought new insights to help us to gain a greater understanding of our patients and enabled our staff to become culturally competent. This honour is wholly deserved. We are so proud."*

Professor Bhui's research and practice interests on health include: social exclusion, work characteristics, cultural psychiatry, epidemiology, health services research and psychological therapies. He has undertaken original research with communities to understand this complex process called radicalisation and provide evidence on how it works and who is vulnerable.

From New Zealand, former Judge and Governor General of New Zealand, **Chairman of the Commonwealth Foundation<sup>2</sup> and Careif Patron, Sir Anand Satyanand,** added, *"Professor Bhui has represented the face of psychiatry and its impact on ethnic and cultural minorities for more than 20 years. The uptake of this in the psychiatric medicine mainstream is a viable testament to his efforts."*

A distinguished pioneer and a life time practitioner in the field of culture and mental health, research and teaching which has had a major impact in addressing health inequalities amongst some of the most vulnerable people in society.

**Albert Persaud Co-Founder/Director- Careif, said,** *"Kam represents with distinction, the best of British expertise and innovation in mental health, research, cultural psychiatry and learning, here in the UK and in the international arena".*

**1 January 2017**

**Ends**

## Background Notes for editors & press

### The Centre for Applied Research and Evaluation-International Foundation (careif)

[www.careif.org](http://www.careif.org)

Careif is a charity registered with the Charity Commission for England and Wales (registered number 1121374) and a company limited by guarantee registered at Companies House (registered number: 06231733). Careif is an international charity based at the Barts & The London School of Medicine and Dentistry, Wolfson Institute of Preventive Medicine, London, England (QMUL). Careif has a number of relationships and interests in the UK, Asia, Middle- East, Europe, Africa, New Zealand, the Americas and the Caribbean. We work to preserve and protect good mental health.

The main aim of Careif is to share knowledge about mental health in order to improve people's wellbeing. This includes how to live healthily and ensure that working practices and services are suited to different cultures and societies across the world. It delivers its work through four distinctive building blocks, which are:

- High quality learning and teaching locally, nationally and internationally
- Research, evaluation and practice development into culture and wellbeing
- Provide international volunteering, exchange and twinning schemes
- Promote and develop positive practice on sports, young people and wellbeing of individuals and communities.

Some of Careif state-of-the-art initiatives include, The Mental Health 4 Life project, a study into UK Railway Suicides, In Conversation with Compassion and Care Essay Series, Position Statements on Stigma, Mental Health, Human Rights and Human Dignity "*Magna Carta for people living with Mental Illness*", Culturally Adapted Interventions in mental health, funding a yearly Global Essay Initiative: and with the World Psychiatric Association, the Position Statement on EUROPE Migrant Crisis and a global Wellbeing survey.

CAREIF - Centre for Applied Research and Evaluation International Foundation - is an International Mental Health Charity

website: <http://www.careif.org>

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### East London NHS Foundation Trust (ELFT)

East London NHS Foundation Trust provides mental health and community services in the London boroughs of Newham, Hackney, Tower Hamlets, The City of London, Barnet, Richmond, Redbridge, Bedfordshire and Luton. It was rated Outstanding by the CQC in September 2016, and was announced as Provider Trust of the Year by the Health Service Journal in November 2016.

<sup>1</sup>Centre for Psychiatry - a World Psychiatric Association Collaborating Centre - Queen Mary University of London, UK.

<sup>2</sup> The Commonwealth Foundation is a development organisation with an international remit and reach, uniquely situated at the interface between government and civil society.

### For more information, contact:

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